

SWIMMING CHAMPIONSHIPS 2026

Sydney Olympic Park Aquatic Centre Monday 30th March @ 9.00am

Competing Associations

Combined Districts Schools Sports Association (CDSSA)

Hills Zone Sports Association (HZSA)

Hunter Region Independent Schools (HRIS)

Co-Educational Anglican Schools Association (CASA)

Independent Sydney and Districts School Sports Association (ISD)

Southern Anglican Schools Sports Association (SASSA)

South West Independent Schools Sports Association (SWISSA)

Western Associated Schools (WAS)

AICES Swimming 2026

CARNIVAL RULES

All races to be swum according to the rules of the N.S.W. Swimming Association.

Age as at the 31st December

• Divisions: Junior - 12, 13 & 14 years

Intermediate - 15 & 16 years Senior - 17 & 18 years

All competitors must swim in their own age group.

Three competitors per event from HRIS, HZSA, CDSSA, CASA & SWISSA

Two competitors per event for SASSA

One competitor per event from ISD & WAS (flexible)

Points: 1st – 20, 2nd – 19, 3rd – 18, 4th – 17, 5th – 15 down to 1pt for 20th

Relays: double points

- ALL COMPETITORS are to remain in their allocated seating area when not swimming.
- ALL COMPETITORS are to swim in their association swimming cap
- The Referees decision is final.

NOTES

- Competitors and spectators may enter the grandstand complex from 8.15am.
- Competitors may enter the utility pool for warm-up laps from 8.30am. Warm up will finish at 9.00am
 FIRST EVENT WILL BE AT 9.15am.
- Competitors are to sit in areas allocated to associations
- There will be NO break during the carnival.
- Each event will have 2 seeded heats with the fastest heat being the 2nd heat.
- Championship medallions will be awarded for 1st place of the combined heat results.
- Ribbons will be awarded for places in both heats.
- Swimmers may only compete in their own age group.

AICES REPRESENTATIVE SQUAD

- For selections where the 3rd place swimmers tie in an event the fastest entry time will be used to separate the swimmers for selection in the AICES Team for CIS
 - Students will be selected in accordance with the AICES selection policy, as outlined on the AICES website. Please note that all 17yrs and 18yrs results will be combined as CIS only has one event for the combined age groups.
- Students will be selected for events according to the age they turn this year.
- Students competing at the AICES championships who do NOT wish to be considered for selection into the AICES representative squad must notify the convenor **BEFORE** the end of the championships.
- Further information will be distributed about NSWCIS when swimmers collect medallions & ribbons.
- Any further queries regarding AICES representative team should be directed through association managers to Mr Greg Aitken (AICES Executive Officer)

Number of Swimmers Selected in AICES Team for CIS

	BOYS	Girls
	All Events	All Events
AICES	3	3

Live Results are available on the following Apps

Meet Mobile at the App Store



List of Events

Event		Approx	Event		Approx
No	Event Name	Time	No	Event Name	Time
ı	Boys 12 Year Olds 50 Butterfly	09:15 AM	52	Boys 12 Year Olds 50 Breaststroke	12:14 PM
2	Girls 12 Year Olds 50 Butterfly	09:18 AM	53	Girls 12 Year Olds 50 Breaststroke	12:17 PM
3	Boys 13 Year Olds 50 Butterfly	09:21 AM	54	Boys 13 Year Olds 50 Breaststroke	12:20 PM
4	Girls 13 Year Olds 50 Butterfly	09:24 AM	55	Girls 13 Year Olds 50 Breaststroke	12:23 PM
5	Boys 14 Year Olds 50 Butterfly	09:26 AM	56	Boys 14 Year Olds 50 Breaststroke	12:26 PM
6	Girls 14 Year Olds 50 Butterfly	09:29 AM	57	Girls 14 Year Olds 50 Breaststroke	12:28 PM
7	Boys 15 Year Olds 50 Butterfly	09:31 AM	58	Boys 15 Year Olds 50 Breaststroke	12:31 PM
8	Girls 15 Year Olds 50 Butterfly	09:34 AM	59	Girls 15 Year Olds 50 Breaststroke	12:34 PM
9	Boys 16 Year Olds 50 Butterfly	09:36 AM	60	Boys 16 Year Olds 50 Breaststroke	12:36 PM
10	Girls 16 Year Olds 50 Butterfly	09:39 AM	61	Girls 16 Year Olds 50 Breaststroke	12:39 PM
П	Boys 17 Year Olds 50 Butterfly	09:41 AM	62	Boys 17 Year Olds 50 Breaststroke	12:42 PM
12	Girls 17 Year Olds 50 Butterfly	09:44 AM	63	Girls 17 Year Olds 50 Breaststroke	12:44 PM
13	Boys 18 & Over 50 Butterfly	09:46 AM	64	Boys 18 & Over 50 Breaststroke	12:47 PM
14	Girls 18 & Over 50 Butterfly	09:48 AM	65	Girls 18 & Over 50 Breaststroke	12:50 PM
15	Mixed 12-19 50 Butterfly Multi Class	09:51 AM	66	Mixed 12-19 50 Breaststroke Multi Class	12:51 PM
16	Boys 12-14 200 Freestyle	09:52 AM	67	Boys 12 Year Olds 50 Freestyle	12:54 PM
17	Girls 12-14 200 Freestyle	09:59 AM	68	Girls 12 Year Olds 50 Freestyle	12:57 PM
18	Boys 15-16 200 Freestyle	10:06 AM	69	Boys 13 Year Olds 50 Freestyle	12:59 PM
19	Girls 15-16 200 Freestyle	10:13 AM	70	Girls 13 Year Olds 50 Freestyle	01:01 PM
20	Boys 17 & Over 200 Freestyle	10:19 AM	71	Boys 14 Year Olds 50 Freestyle	01:04 PM
21	Girls 17 & Over 200 Freestyle	10:25 AM	72	Girls 14 Year Olds 50 Freestyle	01:06 PM
22	Boys 12 Year Olds 50 Backstroke	10:32 AM	73	Boys 15 Year Olds 50 Freestyle	01:08 PM
23	Girls 12 Year Olds 50 Backstroke	10:35 AM	74	Girls 15 Year Olds 50 Freestyle	01:10 PM
24	Boys 13 Year Olds 50 Backstroke	10:39 AM	75	Boys 16 Year Olds 50 Freestyle	01:13 PM
25	Girls 13 Year Olds 50 Backstroke	10:42 AM	76	Girls 16 Year Olds 50 Freestyle	01:15 PM
26	Boys 14 Year Olds 50 Backstroke	10:45 AM	77	Boys 17 Year Olds 50 Freestyle	01:17 PM
27	Girls 14 Year Olds 50 Backstroke	10:48 AM	78	Girls 17 Year Olds 50 Freestyle	01:19 PM
28	Boys 15 Year Olds 50 Backstroke	10:51 AM	79	Boys 18 & Over 50 Freestyle	01:22 PM
29	Girls 15 Year Olds 50 Backstroke	10:54 AM	80	Girls 18 & Over 50 Freestyle	01:24 PM
30	Boys 16 Year Olds 50 Backstroke	10:57 AM	81	Mixed 12-19 50 Freestyle Multi Class	01:26 PM
31	Girls 16 Year Olds 50 Backstroke	11:00 AM	82	Boys 12-14 200 IM	01:33 PM
32	Boys 17 Year Olds 50 Backstroke	11:03 AM	83	Girls 12-14 200 IM	01:41 PM
33	Girls 17 Year Olds 50 Backstroke	11:06 AM	84	Boys 15-16 200 IM	01:49 PM
34	Boys 18 & Over 50 Backstroke	11:09 AM	85	Girls 15-16 200 IM	01:58 PM
35	Girls 18 & Over 50 Backstroke	11:12 AM	86	Boys 17 & Over 200 IM	02:06 PM
36	Mixed 12-19 50 Backstroke Multi Class	11:15 AM	87	Girls 17 & Over 200 IM	02:14 PM
37	Boys 12 Year Olds 100 Freestyle	11:18 AM	88	Boys 12-14 4x50 Freestyle Relay	02:19 PM
38	Girls 12 Year Olds 100 Freestyle	11:22 AM	89	Girls 12-14 4x50 Freestyle Relay	02:25 PM
39	Boys 13 Year Olds 100 Freestyle	11:26 AM	90	Boys 15-16 4x50 Freestyle Relay	02:31 PM
40	Girls 13 Year Olds 100 Freestyle	11:30 AM	91	Girls 15-16 4x50 Freestyle Relay	02:37 PM
41	Boys 14 Year Olds 100 Freestyle	11:34 AM	92	Boys 17 & Over 4x50 Freestyle Relay	02:42 PM
42	Girls 14 Year Olds 100 Freestyle	11:38 AM	93	Girls 17 & Over 4x50 Freestyle Relay	02:48 PM
43	Boys 15 Year Olds 100 Freestyle	11:42 AM	94	Boys 12-14 4x50 Medley Relay	02:55 PM
44	Girls 15 Year Olds 100 Freestyle	11:45 AM	95	Girls 12-14 4x50 Medley Relay	03:02 PM
45	Boys 16 Year Olds 100 Freestyle	11:49 AM	96	Boys 15-16 4x50 Medley Relay	03:09 PM
46	Girls 16 Year Olds 100 Freestyle	11:53 AM	97	Girls 15-16 4x50 Medley Relay	03:16 PM
47	Boys 17 Year Olds 100 Freestyle	11:57 AM	98	Boys 17 & Over 4x50 Medley Relay	03:20 PM
48	Girls 17 Year Olds 100 Freestyle	12:00 PM	99	Girls 17 & Over 4x50 Medley Relay	03:28 PM
49	Boys 18 & Over 100 Freestyle	12:04 PM	100	Boys 12-19 6x50 Freestyle Relay	03:31 PM
50	Girls 18 & Over 100 Freestyle	12:07 PM	101	Girls 12-19 6x50 Freestyle Relay	03:40 PM
51	Mixed 12-19 100 Freestyle Multi Class	12:11 PM			

Please note times are approximate. You should arrive at least 60 minutes before your event. If running early protests will not be accepted for missed events.

SEATING PLAN

Student and Staff Seating

	NASSA	ISD	SASSA	HZSA
	Exit	Exit	Exit	Exit
	Marshalling Area			
Diving Pool				9
				8
				7
				6
		Pool		5
				4
				3
				2
				1
	ecording			·
L	Exit	Exit	Exit	Exit
	HRIS	SWISSA	CDSSA	WAS