

FACE MASKS

Effective immediately in 2025, **all defending players will be required to wear a face mask during penalty corners**, aligning with the latest regulation changes introduced by the International Hockey Federation.

- Defenders not wearing a face mask must retreat to the halfway line and partake in the PC from there alongside the other field players
- If no field players are equipped with a face mask to defend a PC, the GK will defend the corner alone
- Players can take an immediate free hit awarded inside the 23m area after a penalty corner when passing the ball to another player
- Players are not permitted to take a 16-yard hit whilst wearing any personal protective equipment
- All players are responsible for safely removing their protective gear from the field. Reckless removal may result in a personal penalty.