

Risk Assessment Hazard Checklist – Student Activities

Club/Society/Project Name	Touch Football	
Assessed By	Greg Aitken	

Locations	Penrith Touch Fields The Kingsway, Werrington	Activities	AICES Championships
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1 INDOOR HAZARDS	
1.1	Inappropriate lighting
1.2	Temperature
1.3	Insufficient or unsuitable space
1.4	Untidiness – causing trip / fire hazard
1.5	Stairs – dark / steep / no handrail
1.6	Lack of fire escapes / extinguishers / procedures
1.7	Slip / trip / fall hazards
1.8	Inadequate ventilation
1.9	Inhalation of dust
1.10	Poor surfaces for activities – slips / trips / impact
1.11	Electrical hazards

2 SPORTING ACTIVITY HAZARDS		
2.1	Uneven playing surface	Y
2.2	Playing surface too hard or soft	Y
2.3	Hard or sharp objects on pitch	Y
2.4	Sliding on Astroturf or tarmac	
2.5	Collisions / Conflict with surrounding objects or people	Y
2.6	Impact from sports equipment	Y
2.7	Contact sport injury	Y
2.8	Personal injury – fracture / sprains / cuts	Y

3 HAZARDS ON COASTS & COASTAL WATERS	
3.1	Falls from cliffs, piers, sea walls
3.2	Struck by falling objects from cliff
3.3	Slips & falls on slopes / loose surfaces
3.4	Quick sand & mud
3.5	Access problems due to steep angle of beach slope
3.6	Collisions between water users
3.7	Swept away by wave surges
3.8	Being washed against rocks / piers
3.9	Low water temperatures
3.10	Communication problems from waves / swell / distance
3.11	Struck by objects in water
3.12	Stranded by tides
3.13	Swept away by currents
3.14	Rip tides
3.15	Longshore drift
3.16	Conflicts between beach users

4 HAZARDS ON STILL / MOVING WATER	
4.1	Getting swept away from equipment or people
4.2	Collision with rocks in and to sides of rivers
4.3	Striking / trapping by submerged obstacles
4.4	Being dragged down by undertow
4.5	Restricted or impossible access to / from water
4.6	Access problems – rescue / getting kit into water
4.7	Falls from drops in level at weirs / waterfalls
4.8	Getting out of depth
4.9	Low water temperature
4.10	Separation from other people
4.11	Slips / trips on steep banks or uneven surfaces
4.12	Difficult communications
4.13	Remote locations

5 HAZARDS ON HILLS AND MOUNTAINS	
5.1	Slips & trips on grass, mud, rock
5.2	River crossings
5.3	Remote locations
5.4	Difficult communication – weather / distance
5.5	Falling debris
5.6	Extra work imposed by terrain type / angle
5.7	Lack of shelter
5.8	Separation of group members
5.9	Getting lost
5.10	Falls from height
5.11	Extremes of weather

6 PEOPLE & ORGANISATIONAL HAZARDS		
6.1	Lack of information, training or instruction	Y
6.2	Poor activity planning or preparation	Y
6.3	Poor activity delivery or organisation	Y
6.4	Ignorance of rules and / or procedures	Y
6.5	Unsafe behaviour or attitude	Y
6.6	Lack of appropriate first aid equipment and experience	Y
6.7	Medical conditions of participants	Y
6.8	Poor safety control from group leaders	Y
6.9	Poor safety awareness from participants	Y
6.11	Lack of cooperation within group	
6.12	Differing skill levels within group	Y
6.13	Low level of physical fitness / strength	Y
6.14	Aggression between participants	Y
6.15	Aggression from crowd / public	Y
6.16	Contact between participants increasing risk	Y

7 EQUIPMENT AND OTHER HAZARDS		
7.1	Cash handling	
7.2	Transport to and from your activity	Y
7.3	Food poisoning	
7.4	Hazardous substances	
7.5	Equipment with moving / hot parts	
7.6	Heavy equipment	
7.7	Electrical hazards from equipment	
7.8	Noise from equipment	
7.9	Risk of trapping body / clothing in equipment	
7.10	Inadequate environment for equipment operation	
7.11	Inadequate protective equipment	Y
7.12	Equipment in unsuitable condition	

8 OTHER HAZARDS SPECIFIC TO YOUR ACTIVITY	
8.1	
8.2	
8.3	
8.4	
8.5	
8.6	
8.7	
8.8	
8.9	
8.10	

Risk Assessment – Student Activities

	Touch Football	Number of persons involved	170+
Nature of Activity			

Assessed By	Greg Aitken		

Hazard Ref.	Potential Effect	Existing Controls in Place	Score Low/Medium/High Risk	Further Controls Required?	OFFICE USE Who By	OFFICE USE Target date
Example 7.6	Weights dropped on body part causing injury	Instructors present, 'spotters' for all people bench-pressing	Medium	New grip tape for old equipment to minimise risk of objects slipping during lift	[IGNORE]	[IGNORE]
2.1	Running on a surface that are unsuitable could increase the risk of injury to ankle and knee joints.	Regular maintenance of the pitch by groundskeeper. Inspection of the pitch carried out prior to matches by Greg Aitken and made aware of any problems. Both teams and referee should agree on surface playability.	Low			
2.2	Running on a surface that are unsuitable could increase the risk of injury to ankle and knee joints.	Regular maintenance of the pitch by groundskeeper. Inspection of the pitch carried out prior to matches by Greg Aitken and made aware of any problems. Both teams and referee should agree on surface playability.	Low			
2.3	Players could fall on object causing injury.	Inspection of pitch carried out prior to matches by Greg Aitken. Referee to inspect before each game.	Medium			
2.5	Risk of injury to other players or spectators.	Play is kept on pitch areas and public are asked to stand back from the touchline and to not step onto pitch while match play is on.	Low			
2.6	Injury to players	First aid kit	Low			
2.7	Risk of injury if a player collides with another.	Safe playing rules should be followed with no unnecessary challenges.	Medium			
2.8	Injury can be worsened by person carrying on with activity.	Sufficient warm up before and cool down after activity. Person is taken off pitch area and given medical attention.	Medium			
6.1	Exercises which have not been properly thought out, or are carried out by people who do not have the correct skills/training could result in injury.	Coaches have prior experience. Players should be informed of exercising and coaches to be present at all times. Carnival organisation has been checked with Penrith Touch Association.	Low			

6.2, 6.3	Exercises which have not been properly thought out, or are carried out by people who do not have the correct skills/training could result in injury.	Coaches have prior experience. Players should be informed of exercising and coaches to be present at all times. Carnival organisation has been checked with Penrith Touch Association	Low			
6.4	Exercises that are performed in reckless manner against the guidance of the coach could lead to injury.	Coaches have prior experience. Players should be informed of exercising and coaches to be present at all times. Carnival organisation has been checked with Penrith Touch Association	Low			
6.5	Aggressive and dangerous challenges could lead to injury.	Safe playing rules should be followed.	Low			
6.6	Failure to provide adequate first aid assistance could lead to worsening of injury/condition.	Fully stocked first aid kit should be carried by team. Telephone access to call ambulance if necessary.	Low			
6.7	Certain conditions could be exacerbated by activity and may prevent person from participating.	Players should be aware of their own limitations and inform coach or captain.	Low			
6.8	Risk of injury to players.	Coaches should have prior experience.	Low			
6.9	Risk of injury to the individual and people also participating.	Coaches and captains to ensure that players are following safe playing rules.	Low			
6.12	People trying to do an activity above their personal skill level could risk injury to themselves or others around them.	Teams are currently split into two teams reflecting skill levels and training exercises should aim to improve skills in a safe manner.	Low			
6.13	People trying to do an activity above their personal fitness/strength level could risk injury to themselves or others around them.	Training exercises should aim to improve fitness and strength in a safe manner.	Low			
6.14	Possible risk of injury.	Safe playing rules should be followed and players should maintain a good sporting attitude to prevent any conflict. Referees should be made aware of any conflict and warnings given out accordingly.	Low			
6.15	Possible risk of injury through loss of concentration.	Spectators should be reminded to be respectful of the players and the people around them. Referees to remove spectators who cause conflict.	Low			
6.16	Possible risk of injury.	Safe playing rules should be followed. Players to be reminded not to make reckless or unnecessary challenges.	Low			
7.2	Accidents occurring on public transport.	Associations responsible for their own transport	N/A			
7.11	Injury to teeth	Recommend that players wear mouth guards				

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